



## MEMBER ORGANISATIONS



NEPAL	
<b>POURAKHI</b>	
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Organization's Mission and Focus	POURAKHI, an NGO founded in 2003, is dedicated to safeguarding the rights of women migrant workers and their families throughout the migration journey. Focusing on concerns at various stages like pre-employment, pre-departure, employment, and post-arrival, they provide support programs. Their vision is to create a safe environment where Nepalese women migrant

	<p>workers have full access to their rights. Their mission involves proactive efforts in securing these rights through information, counseling, advocacy, and empowerment throughout the foreign employment process.</p>
<p>Types of Services or Support Offered</p>	<p>POURAKHI Nepal's strategic priorities from 2019-2023 revolve around the 4As: Advocacy, Access to Justice, Assimilation and Reintegration, and Accelerating Organization Development.</p> <ul style="list-style-type: none"> <li>➤ Advocacy: Engaging in global and regional policy dialogues for safe labor migration, advocating for policy ratification, domestication, and localization. Monitoring national policies' implementation across all government levels.</li> <li>➤ Access to Justice: Facilitating exploited women migrant workers' access to human rights, including compensation, accountability of wrongdoers, and referrals to legal services. Overcoming barriers to justice access.</li> <li>➤ Reintegration: Providing emergency shelter, empowering socially and economically, facilitating assimilation, and enabling dignified lives for women migrant workers. Supporting integration through awareness and access to various opportunities.</li> <li>➤ Accelerating Organization Development: Strengthening internal capacities through interventions focusing on human capital, financial resources, infrastructure, and operational policies to achieve strategic goals.</li> </ul>
<p>Target Groups (In Nepal)</p>	<p>Women Migrant Workers</p>

Geographic Reach	Nepal (South Asia)
NGOs with Similar Services Nepal	National Network for Safe Migration (NNSM) works with migrants, offering services ranging from legal aid and advocacy to support with integration and rights protection. POURAKHI has been engaging in advocacy, campaigns, and support for the rights of migrants, including policy initiatives and community-based actions since the inception of NNSM.
Partnership Interest	POURAKHI is open to collaborating with NGOs in CARAM Asia across various areas such as advocacy, capacity building, research, direct support services, awareness campaigns, emergency response, and networking initiatives.
Success Stories	<p>Pourakhi supports women migrant workers returning from West Asia with babies, facing exploitation and social stigma. Stories like Rama Rai's and Saraswati Bhattarai's highlight their struggles. Pourakhi sheltered 41 women in the last three years, but many cases go unreported. These women face dual stigma for returning with no money and a child. About 300,000 Nepali women work in West Asia, facing increased vulnerability due to illegal travel.</p> <p>Satra Gurung emphasizes the urgent need for support and guidance, as these women may resort to extreme measures. Sociologist Ganesh Gurung warns of potential suicides or prostitution without assistance.</p>

The government's policy changes, like lifting age restrictions and requiring signed work documents, aim to protect workers.

<https://archive.nepalitimes.com/article/nation/women-migrant-workers-with-babies-face-double-stigma,2580>